



Sunday, October 15 at 8:05 a.m.
at the parade grounds across from the N-24 Gym
Naval Station Norfolk

DIRECTIONS

PACKET PICK-UP -From I-64 East or West, take I-564 towards Naval Station Norfolk and then follow to Terminal Boulevard/ODU exit. From Terminal Boulevard turn right onto Hampton Boulevard and follow to Fleet Recreation Park on 90th Street. Fleet Recreation will be on the right side just past the railroad tracks.

RACE DAY - From I-64 East or West, take the I-564 towards Naval Station Norfolk and then exit at Gate 3A. After passing the gate, make a left on Gilbert Street. Parking is available in the first lot on the left, before bldg. N-24.

Entries may be mailed to: Naval Station Norfolk
Attention: Fleet Week ½ Marathon, Bldg. KN, 1682 Piersey Street, Norfolk, Va. 23511

Entries will be accepted through Wednesday, October 11, 2006.

Please do not mail entries after October 4 (register online or in person).

Online registration available through www.Active.com

Name _____
Last First

Address _____
City State Zip

Phone _____ Phone (Alternate) _____

Email address _____

Age (day of race) _____ Date of birth _____ Personal Chip ID (chip owners only) _____

Male or female (circle one) T-shirt size (circle one) S M L XL

Team name _____ (teams must submit entries together)

Entry fee:

Form of payment (circle one): Check (payable to Morale, Welfare and Recreation) Cash (please do not mail cash)
Visa MasterCard American Express Discover

Credit Card# _____ Expiration date _____



I know that running a road race is a potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants and the effects of weather. I grant permission to use any photographs, video recordings or any record of this event for legitimate purposes. I hereby give Navy Morale, Welfare and Recreation, Kale Enterprises, their agents and employees the right to inspect and/or approve the photograph, audiotapes and/or videotapes for promotional, recruiting or educational purposes, without any limitation, reservation or compensation, other than the receipt of which is hereby given. This consent is given for any photographs, audiotapes and/or videotapes which have been taken, about to be taken or will be taken.

Signature: _____ Date: _____